



Ableism

the discrimination of people with disabilities

Capabalism: a response to ableism and other systems of prejudice concerning the capabilities of a perceived group

How to act around a person with a disability:
quite simply “pretend” it is a “normal” person.

If I don't like how you treat me I will point it out. Treating me better or different is discrimination even when it is well intended. Do not try to shift the guilt by saying you mean well apologize for offending me. It is not my fault I am using a wheelchair and you don't accept my agency

I am the only authority on my abilities

Using a wheelchair is not shitty. For me it is the same as using a bicycle is for you, it is a tool that makes it possible to go further and faster.

If you want to have a nice chat with a random person compliment them on something they choose for, like clothing or hairstyle. My disability is not something I want to talk about all the time.

Using a wheelchair in public is giving me anxiety, because people take away my agency and doubt everything I do.

I can walk stairs with my wheelchair but when I did this in Amsterdam 10 people offered help while there were people standing at the bottom of the stairs. 8 of them did not accept immediate that I did not need help, every time it was: do you want me to help me?

NO

no?

NO I can do this and I can ask for help if I needed it.

Personal experience using their assumptions

You don't need to miss a leg to be allowed to use a wheelchair. Anybody can annoy authoritarian people by getting in a wheelchair and act according to the most prominent assumptions. I want to see more people using wheelchairs so it will be viewed as a bike.

So buy a wheelchair at a second hand shop (the bigger the better) and go to a demo. Cops are overly polite to me when I am in the wheelchair, I enjoy doing this: When a cop asks you to do something stare blankly back and point at someone (best if this person is in on it) the cop will ask everything through this person and you only answer to the person, delaying the process. When asked to move don't answer wait until they grab the handles to push you, now you can freak out(because it is very paternalist when someone unknown to you does this. You can start removing the hands and because you did not speak before the cops will think you are a mute. If it fails you can start flailing your arms trying to hit the cop, in the 3 times I tried they did not ask me to stop even when I was trying to grab the legs of the cop behind me. They never asked me to stop they only grabbed my wrist to stop me from hitting the cop pulling me backward. At this point I elbowed him in the crotch. And still they said nothing to me. They noticed once I did something on purpose so I did not do that again. I had lots of fun trying how far I could go before they notice that you are doing it on purpose I almost tripped the cop that was holding my wrist by extending a leg, they did not realize I was in control . They don't know how to act and can't be aggressive because they are there to protect the innocent. In a wheelchair you are innocent, use that. I had at least 4 cops around me to escort me from the bridge. Later the cops just left me behind because they could not touch the chair or communicate with me. I had some social media outrage on how I got treated by them. Falling out of a wheelchair is not so bad as it looks. **As a movement we can use this**

My purpose in protests is to derail, distract and be a handful for the cops. Getting arrested and because of the wheelchair I get a van on my own because they need to transport the wheelchair. And I pretend I can't stand on my leg at all so I am very slow and have some cops waiting for me.

Cops everywhere respond the same, In Germany Netherlands and London cops were polite to me trying to help me. I can slow down a march by riding in the back, the cops don't force me to go faster and even are more relax to the person that is pushing contact: info@fakkelpemp.nl